
NORWALK PUBLIC SCHOOLS
GIFTED AND TALENTED

***KENDALL ELEMENTARY
GIFTED & TALENTED:
GRATITUDE***



For our Norwalk students, our KES GT program will plan interactive, engaging, enriching activities and programming to promote the diverse and distinct talents exhibits by our student population. With student input, our program will provide appropriately challenging learning opportunities to allow student opportunities to interact with each other in order to develop connections and bonds. We look forward to meeting and working in collaboration with parents and stakeholders to share relevant information, concise facts, informed data, and current policies.

Mission: We are committed to nurturing the whole child's distinct and diverse strengths, talents, and passions in order to develop student-driven critical thinking, authentic learning, individual responsibility, and global citizenship.

Vision: We believe gifts and talents are present in all children. Through the cultivation of enjoyment, engagement, and enthusiasm for learning, we will nurture students' unique social-emotional needs and creative thinking practices. As a result, students will contribute to their school, community, and society as constructive and innovative global citizens.



On gratitude -

“Thankfulness is the beginning of gratitude.

Gratitude is the completion of thankfulness.

Thankfulness may consist merely of words.

Gratitude is shown in acts.”

—Henri Frederic Amiel

2020 RECENT EVENTS

For everyone: Renzulli Learning access link

KES GT Inventors Newsletter

On the Gifted and Talented Learning Portal, all district GT teachers have shared our contact information and Google classroom sites.

Our K- Second Google Classroom is: <https://classroom.google.com/u/1/c/NzI0NTcwMzQ3NTNa>

Our Third - Fifth Google Classroom is: <https://classroom.google.com/u/0/c/NzI0NTE0MTE1OTRa>

KES Schoolwide Enrichment Newsletter

Elementary Gifted and Talented Distance

Learning Portal of the Norwalk Public Schools

<https://tinyurl.com/dlnpsgt>

KES GT Creativity Newsletter

KES GT Innovation Newsletter

KES GT Kindness Newsletter

4 Ways to Express Gratitude During Coronavirus

SING A HAPPY SONG!

GO CURBSIDE CAROLING WITH YOUR FAMILY; CREATE A MUSIC VIDEO AND SHARE FAR AND WIDE; SING FROM YOUR WINDOW, OR SIMPLY SING ALONG WITH THE RADIO.

LIST ALL THE THINGS THAT MAKE YOU HAPPY.

SEND PEACEFUL PEN PAL LETTERS TO OTHER KIDS IN THE USA. WRITE AND MAIL A CARD. SEND CHEER TO A SENIOR CITIZEN WHO CAN NO LONGER RECEIVE VISITORS DUE TO THE COVID-19 SITUATION.

LEARN MORE

CALL OR FACETIME FRIENDS, GRANDPARENTS, OR GRANDFRIENDS JUST TO SAY HELLO. MAKE UP A POEM WITH A POSITIVE MESSAGE.

WRITE POSITIVE MESSAGES

ON POST-IT NOTES AND PLACE ON MIRRORS IN YOUR HOUSE. MAKE PEACE ROCKS. PAINT ROCKS WITH KIND WORDS AND PLACE THEM AROUND TOWN TO DELIGHT YOUR NEIGHBORS.

Gratitude

Appreciating what you've been given strengthens heart

The research on mindfulness is becoming more and more clear—mindfulness, or noticing the present with kindness and curiosity—is effective in creating a sense of peace and calm.

Whether you have a formal mindfulness practice or an informal practice, there remains a focus on what is happening in the here-and-now.

Delight, give attention, heighten awareness and slow the pace of life.



How do I encourage gratitude?

Model it: Talk about the good things that happen to you. Reframe difficulties by highlighting positive aspects

Celebrate it: Acknowledge when someone demonstrates gratitude.

Enable it: Keep stationery handy for writing thank you notes. Make it a habit to share one good thing that happens each day. Write notes of appreciation.

Gratitude Pulse Check for Spring

Think about yourself.

How many of these things are true?

- I said “thank you” to someone. I did something nice to show my appreciation.
- I can list lots of people and things that I’m lucky to have in my life.
- I noticed when someone helped me.
- I felt a sense of thankfulness.

When you feel gratitude, you feel a sense of abundance. When you express gratitude—especially when it’s heartfelt—you strengthen your relationships with others.

Grateful people are happier and more fulfilled. And gratitude leads you to be nicer to other people: more cooperative, patient, and trusting.

find more info at: <https://characterlab.org/playbooks/gratitude/>

KES Gifted & Talented Portal

Norwalk Public Schools created a distance learning portal which includes choice boards, booklists, and other links that will be helpful if students are seeking additional challenges. Choice boards will be added every two weeks.

<https://sites.google.com/view/npsgiftedandtalented/home>

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is: <https://classroom.google.com/u/1/c/NzI0NTcwMzQ3NTNa>

Our Third - Fifth Google Classroom

is: <https://classroom.google.com/u/0/c/NzI0NTE0MTE1OTRa>

Gratitude Photos

KES GT would like to share these images to express the gratitude in learning opportunities offered because GT exists and thrives in our district.

